

# COACHING ACADEMY

## Medicines Safety Improvement Programme (MedSIP) Breakthrough Series Collaborative: Improvement through collaboration: Implementing a whole system approach to high-risk opioid prescribing.

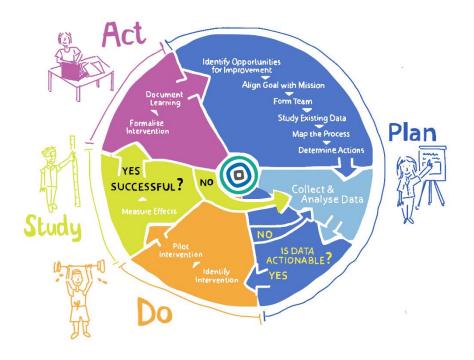
#### **Overview and Purpose**

This coached programme is for teams and partners participating in the Medicines Safety Improvement Programme. The aim of the programme is to reduce harm from opioids in chronic non-cancer pain.

By working together around a shared purpose, teams and their partners in their system will learn about quality improvement methods while implementing their own change projects focusing on a whole system approach to high-risk opioid prescribing.

Outcomes are aimed at:

- Supporting you to implement a whole system approach
- Implementing and monitoring improvements
- Managing and clarifying
   expectations across stakeholder
   communities
- Examining and addressing communication challenges in the context of multidisciplinary team working



Your partners in this work are Health Innovation Manchester Patient Safety Collaborative and NHS GM, with workshops delivered and facilitated by the Coaching Academy.

## Making the most of this opportunity

GM IPMO is keen to invite teams to work on improvements in these high priority pathways:

- Increase the awareness of access to and availability of biopsychosocial offers (e.g. use of social prescribing)
- Embedding of use of pain management resources
- Implementing discharge standards
- Improving handover to primary care





We recommend team and system leaders think carefully about the people and systems around them, to optimise success.

**Away Team:** Each improvement team should nominate 3 key individuals to attend the workshops, representing their wider improvement team and cascading learning back at base.

**Home Team:** The wider "home team" of colleagues implementing change is recommended to be a bit larger. We recommend you invite a variety roles and specialisms to diversify thinking, power, and cross system collaboration in your team.

### Timeline and activity

Teams will benefit from personal coaching support during the facilitated workshops and their improvement journey, in addition to complete digital resources and discussion boards to maximise each stage of the process. In between workshops, your Patient Safety lead will be available to support ongoing momentum to sustain progress. We will use a baseline survey for all teams to help determine needs and potential opportunities for improvement. We estimate that teams who devote 2-3 hours per month outside of workshops will see the greatest benefit.

October 2024 Becoming a systems thinker Coaching focus : understanding your system needs	<ul> <li>Stakeholder mapping, making sense of the data, Process mapping, preparing your communication plan, your golden thread</li> <li>Cultural assumptions, change readiness for self and others</li> <li>This is the PREPARATION stage to set up successfull team planning</li> <li>In-person Workshop 1: Thursday 10th October 2024</li> <li>10am to 4pm</li> </ul>
November 2024 Making change in communities Coaching focus : Planning for improvement	<ul> <li>Coaching focus: Planning for improvement</li> <li>This is the "PLAN" phase of the PDSA cycle</li> <li>(Aims, measures, driver diagrams, data collection plan)</li> <li>Virtual Workshop 2: Thursday 14th November 2024</li> <li>10am to 4pm</li> </ul>
January 2025 Applying the model for improvement Coaching focus : Getting started, getting better	<ul> <li>Coaching focus: geting started and getting better</li> <li>These are the "DO" and "STUDY" phases of the PDSA cycle</li> <li>Personal resilience in the change process</li> <li>Virtual Workshop 3: Thursday 16th January 2025</li> <li>10am to 4pm</li> </ul>
March 2025 Continuing improvement in systems Coaching focus : Reflecting, fine tuning , preparing to feed back	<ul> <li>Coaching and workshop focus: reflecting on and continuing improvement, celebrating successes</li> <li>This is the "ACT" phase of the PDSA</li> <li>Lessons learned, data review, building close down report and comunication plan</li> <li>In-person Workshop 4: Thursday 20th March 2025</li> <li>10am - 4pm</li> </ul>

The deadline to register is **Friday 16<sup>th</sup> August 2024.** Please register at the following link: <u>MedSIP</u> <u>Breakthrough Series Collaborative Link</u>







 Once registered, you will be invited to attend the programme launch on Thursday 10<sup>th</sup> October 2024 (in-person at Health Innovation Manchester) and connect with our bespoke NHS Futures workspace where you and your team can begin preparing to collaborate with each other and within a wider community of practice.

For more information, please contact your Health Innovation Manchester Medicines Safety Programme Development Lead Nancy McNeilance - <u>Nancy.McNeilance@healthinnovationmanchester.com</u> or <u>Jane.Ashworth@healthinnovationmanchester.com</u>



