

Greater Manchester Personalised Care ARRS role support:

Learning events

As part of a Greater Manchester Social Prescribing Network, there are 4-8 learning events a year, developed in direct response to training needs expressed by Social Prescribing Link Workers, Health and Wellbeing Coaches and Care Coordinators.

Examples of previous learning; Long Term Health Condition training, Mental Health, Living Life To The Full approach and worksheets, Health Coaching, welfare and financial support.

Peer support network (role specific)

An informal session, where you can meet others who are carrying out the same role as you, to network, share good practice, as well as getting ideas to overcome challenges.

Charlotte Leonhardsen, Greater Manchester Social Prescribing Lead provides support for the 3 Personalised Care ARRS roles and will also share updates from both a national and regional perspective.

Action Learning Sets

Action Learning Set sessions will be based around sharing initial challenges or problems, leading to peer-to-peer support and problem-solving. These sessions are open to all Link Workers, Care Coordinators, and Health and Wellbeing Coaches in Greater Manchester – irrespective of where and how you are employed. They will run alongside the sessions detailed above. The sessions are facilitated by Alan and Rowan, Occupational Therapists specialised in mental health, from the University of Salford

Newsletter

You should now receive newsletter every two months where case studies, best practice and useful links will be shared. We encourage schemes to share stories, and we offer a “spotlight on” section within the newsletter. Please get in touch and volunteer if you would like to be featured or have any news or information to share: gmhscp.pcca@nhs.net

Champions

We have a group of GM Champions who help us to shape the network and are also here to help you. Some of the Champions also offer 1-2-1 peer support. Do get in touch if you would like to get involved.

1:1 Support

Please email Charlotte at c.leonhardsen@nhs.net if:

Managers in PCNs or VCFSE sector would like support around how the Personalised Care ARRS roles can support primary care to achieve better outcomes, and what conditions need to be in place to maximise the roles.

The workforce would like support around quality assurance or challenges they are facing.

National Support available:

Social Prescribing Link Worker's [Social Prescribing Collaboration Platform - FutureNHS Collaboration Platform](#)

Health & Wellbeing Coaches [Health and Wellbeing Coaches - FutureNHS Collaboration Platform](#)

Care Coordinators [Care Coordinators - FutureNHS Collaboration Platform](#)

