## IGPM accreditation support Testimonials from participants on cohort 1

I am currently in the process of applying for my IGPM Accreditation. When I first saw the document that had to be completed, I have to say, I was a little overwhelmed. I wasn't sure if I could gather evidence to show my competence in some of the areas. However, after attending the Accreditation Support Sessions online, all my fears were put to rest. The sessions highlighted the sort of areas I could discuss, they gave me the confidence I needed to be sure that I could prove my competence and it reminded me of just how much we all do on a day-to-day basis. I would say that, if you are thinking about going through the Accreditation process, attending these sessions are invaluable. Invest that hour every week to save you stress and time when you come to complete your application.

Operations Officer, Manchester

I attended the accreditation support sessions with apprehension, my first thought being, do I have the time? I'm sure anyone reading this can connect with that totally.

My one take away if you finish reading this is please do find the time, find the time to invest in yourself and your role, you won't be disappointed. Where do I start without losing or boring you? The sessions are invaluable from an understanding of the accreditation process, what is required in terms of evidence, what you don't need to do (write stories), how to articulate your role and responsibilities on to paper. We also looked at gaps in evidence, if gaps exist what can do to support this within your application.

One of the other biggest pluses (yes there is more) is the networking amongst peers or other staff in similar roles. This is invaluable as you can either participate as someone who wants to impart knowledge, you can listen in the background and think that's a good idea or you can ask an abundance of inquisitive questions, all of which will give you enough information to complete your accreditation paperwork. Listening to all the work we do was totally amazing, who'd have thought one person can do so many jobs!

The team involved deserve a huge thanks as organising these meetings must have taken some doing (been there and worn this t-shirt). The IGPM reps also deserve a double huge mention as this would not be happening without them shouting from the rooftops as to how valuable our role is and it is, never ever underestimate that.

As the NHS loves acronyms I will finish with one, INVEST

You won't be disappointed in any of this delivery so please invest in you. Invest (Invigorate, nurture, value, empower, stimulate & time) backwards, find the time to stimulate your senses, empower yourself to value and nurture your role which will invigorate you to undertake the accreditation process.

Practice Business Manager, Manchester