

Welcome

Well, it's been an eventful month in more ways than one since our last edition. I hope everyone is ok.

In light of recent events across the country, with the tragic incident in Southport and the subsequent period of unrest, I would encourage you to consider the effects these things can have on your mental wellbeing.

We should all take an active role in our mental health, as part of our daily life, but even more so when things happen that can throw you off course.

At the time when frontline colleagues were on 'high alert', I wrote a [message of support](#) to primary care providers. While I hope this period has now passed, there is some information within the message that you may find useful, so please take a look.

This edition of Provider Update also includes information about free health and wellbeing courses. Read more about these below and check the [PCB website](#) for more resources.

This month also saw the start of GP collective action, which will inevitably have an impact on primary care services as a whole. As a primary care collaborative, we have taken the decision to show our support while explaining that wider services could be affected.

Hopefully, you have seen the [PCB poster](#) which was circulated recently – this is for you to display in your premises should you wish to do so. We could have a difficult few months ahead of us, especially as we head towards winter. So please continue to be kind to each other.

We also continue to liaise with NHS GM colleagues on behalf of our providers on all matters impacting primary care.

At the PCB we thrive on the positive work we can achieve when working together across primary care, so I'd like to remind you about our Annual Review which was shared last month. If you follow our social media channels you'll see snippets of individual and collaborative achievements from community pharmacy, dentistry, general practice and optometry.

We're proud of this relationship, so if you haven't yet read the [Annual Review](#) it is still available on our website.

In other news, there are new research opportunities to get involved in, a campaign to help design an NHS 'fit for the future' in GM, and free poverty awareness training for everyone.

The PCB [website](#), [X](#) and [LinkedIn](#) has all the latest news and offers. If you have any comments or suggestions about this update, please let us know by emailing: info.gmpcb@nhs.net

Thank you,

Luvjit Kandula

Chair, Greater Manchester Primary Care Provider Board

Twitter: [@luvjitkandula](https://twitter.com/luvjitkandula)

PCB news

An NHS Fit for the Future

Don't miss out on having your say in the NHS GM [public engagement exercise](#), 'An NHS Fit for the Future'.

A series of [public events](#) will take place in September and you can support the campaign by using a [toolkit](#), which includes posters, postcards, a video and a presentation.

Medicine safety scoping exercise

Health Innovation Manchester (HinM) would like to [hear from people](#) with examples of improving medicine safety and optimisation as part of a national medicines safety improvement programme, led by NHSE.

Research opportunities

There are lots of [research opportunities](#) from the National Institute for Health and Care Research Clinical Research Network Greater Manchester (NIHR CRN GM) this month, including studies on cancer, spiritual health and child tooth decay.

We've also updated the PCB website to include information about [research in dentistry](#).

Health and wellbeing

Several free courses and [health and wellbeing resources](#) are being offered to health professionals this autumn, including [Connect 5 training](#) and how to [improve your sleep posture](#).

We're currently updating our health and wellbeing information on the PCB website. If you haven't visited in a while, please check out how we can [help the primary care workforce](#).

Podcast time

Proactive care and dementia projects are the topic of this month's podcast by the Primary Care Knowledge Boost (PCKB).

[This episode](#) features Drs Joanna Bircher, Nikesh Vallabh and Fran Fitton, along with SWAN PCN manager and transformation Lead, Shelley Ryder.

Business continuity webinar

Places are still available on a [business continuity webinar](#) with the PCB's GP Excellence programme and Luan Stewart, who is an experienced primary care trainer and mentor.

The webinar takes place on Wednesday, 4 September from 9.30am to 10.30am and will equip PCNs and practices with the tools to design a business continuity plan.

GP collective action

In light of the ongoing GP collective action, our primary care board disciplinary chairs representing community pharmacy, dentistry, general practice and optometry have collaborated on a poster that can be used in all primary care settings.

If you'd like to display the poster, [please download](#) and print it in colour.

Spotlight on primary care provider collaboratives

The NHS Confederation has [produced a report](#) on the development of primary care provider collaboratives and what they need to thrive.

The report features a spotlight on GMPCB - the first primary care collaborative in England - and its inclusion of all four primary care disciplines.

Poverty awareness training

NHS GM has joined forces with not-for-profit organisation, Resolve Poverty, to deliver free [poverty awareness training](#).

Sessions are aimed at frontline workers and managers.

GM partnership update

The August edition of Greater Manchester Integrated Care Partnership Update was circulated earlier this month.

If you missed it, you can still [read it online](#), and sign up to receive it direct to your inbox.

Campaigns

The ongoing Get To Know Where To Go (GTKWTG) campaign by NHS GM has produced a handy [printed booklet](#) which is now available in various public places, including GP practices across GM.

It aims to help the public know which primary care service to use and includes sections on community pharmacy, dentistry, general practice and optometry.

There is also a [new toolkit](#) to support the GM Month of Hope, which raises awareness of suicide and runs from 10 September to 10 October. The toolkit includes information about events, social media assets and newsletter copy for partners to use on their channels.

Events page

Check our [events page](#) for a range of webinars, conferences and training offers relevant to the primary care workforce. The calendar can be altered to view week by week, by month or in list form (agenda) according to your preference by using the tabs.

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