

## Welcome

As the new chair of Greater Manchester Primary Care Board (GMPCB), I'm pleased to introduce the September edition of Provider Update.

I'd like to thank Dharmesh Patel for his leadership to date, and welcome Dr Tim Dalton as vice-chair of the PCB.

I hope you all had a good summer – or rather the one week of sunshine we managed to enjoy! I think it's safe to say that this time of year means that, as primary care professionals, we are readying ourselves for the big push through winter.

So, it's more important than ever that we look after our health and wellbeing and that of our workforce. In this edition, you will see some links to wellbeing resources and I would urge you to take a look and utilise them if needed. There's even more help available on the GMPCB website, so click on the 'Your health and wellbeing' icon at the bottom of this page.

In other news, we have made significant progress with the GM Primary Care Blueprint – so thank you to everyone who provided feedback on the draft version. We'll be sharing the detail and how we can work together on the next steps via an online event in October. More information is in the bulletin below.

As a PCB, we bring together providers from across all disciplines of primary care (community pharmacy, dentistry, general practice and optometry), ensuring we have a unified voice and influence in the wider GM health and care system. Changes are being made to improve how everyone works together, but we will continue to represent the interests of primary care providers as we navigate through the process, as explained below.

Finally, a request to sign up to [Tableau](#) if you could - the Integrated Care System has been made aware of the ongoing challenges and pressures faced by our Primary Care teams. To help us, we would be grateful if you could complete the updated sit rep tool so GM has visibility of the pressures. This will help us to support you better in the future.

This bulletin features just a selection of recent updates. Don't forget to regularly check our website and social channels for further information.

If you have any comments or suggestions about this update, please let us know by emailing: [info.gmpcb@nhs.net](mailto:info.gmpcb@nhs.net)

Thank you,

**Luvjit Kandula**

**Chair, Greater Manchester Primary Care Provider Board**

Twitter: [@luvjitkandula](https://twitter.com/luvjitkandula)

## PCB news

### **Successful second event in PCN Development Programme**

The second event in our [PCN Development Programme](#) welcomed more than 100 delegates to hear from 'refreshing, inspiring and informative' experts on a range of topics linked to the GM Primary Care Blueprint.

Keep an eye on our website for details of the next session on 2 November.

### **Save the date - launch of Primary Care Blueprint**

The [Primary Care Blueprint](#) will be launched on Friday 20 October with an initial event via MS Teams.

Please check the GMPCB website and social channels for further updates.

### **Update on Provider Collaboratives**

Following an independent review (by Carnall Farrar), a new operating model for the GM system has been agreed, including [how it works with Provider Collaboratives](#).

Greater Manchester Primary Care Provider Board (GMPCB) is a provider collaboration, representing all primary care providers.

### **Wider PCB membership**

Please visit the PCB website for updates to [wider PCB membership](#), following the installation of a new chair and vice-chair in the summer.

### **New web page on Access**

We now have a dedicated page on our website which brings together [useful resources and positive case studies](#) to help general practice improve how patients access their services, as set out in the national delivery plan and Primary Care Blueprint.

### **Support for sitrep tool**

The new [primary care sit rep support page](#) on the PCB website is now live! Please visit this page for [current offers available to primary care providers](#) needing support when completing the new GM sit rep tool on Tableau.

### **Programme updates**

Several new GMPCB programmes are now under way. The PCN Leadership Programme '[Progressing PCNs](#)' was launched on 6 September, while the [Place-based GP Board Development Programme](#) is working with each of the 10 chairs to help their board to thrive.

The new PCN [support package around Proactive Care](#) was also launched in September. PCNs have chosen their cohorts and submitted their data ahead of a face-to-face workshop on 10 October. More updates to follow soon.

### Latest podcasts

The Primary Care Knowledge Boost (PCKB) podcasts are regularly shared via our social media channels and are hosted in the [resources section](#) of our website. Latest ones include an [insight into optometry](#) and how it works within the primary care team, by our very own former PCB chair Dharmesh Patel.

### Studies for general practice and dentistry

The Primary Care Advisory Board has updated its list of [current study opportunities](#) for primary care, including general practice and dentistry.

### Looking After You – new peer wellbeing sessions

Looking After You offers free, confidential coaching and support for the primary care workforce. You can [register for individual and team](#) coaching sessions, or try their new initiative – a series of [peer wellbeing sessions](#).

Dates are available from October for women from ethnically diverse backgrounds, men only, and an open group.

### Workforce wellbeing support

In addition to the Looking After You offers, there is a range of free, confidential resources available to support you with your wellbeing, collated in this [handy poster](#). These are open to everyone working in primary care and healthcare as a whole, so please share with your workforce.

### Help for PCNs dealing with money-related health issues

NHS GM's Person and Community Centred Approaches team and Citizen's Advice GM are looking for PCNs to help them explore a new concept.

They'd like to consider whether a new specialist Social Prescribing Link Worker in Primary Care could help to provide financial advice, support, and navigation to patients with money-related health issues, beyond what is currently easily accessible.

PCNs interested in exploring this opportunity, or helping to further develop the idea, should contact [gmhscp.pcca@nhs.net](mailto:gmhscp.pcca@nhs.net) before the end of September.

Support is currently available to primary care via the Personalised Care Institute's [Money Talk Toolkit](#).

### Personalised care and ARRS roles

Personalised Care Week takes place from 25 to 28 September and the Personalised Care Institute has [free conferences, webinars, videos and activities](#).

If you are unable to join any sessions, there are a number of [free eLearning opportunities](#) that are always available.

If your practice wants to learn more about the personalised care ARRS roles, [this flyer explains how they work](#). [Ongoing support](#) is also available – get in touch with Charlotte Leonhardsen: [c.leonhardsen@nhs.net](mailto:c.leonhardsen@nhs.net)

## Dates for your diary...

- [Fairer Health for All Fellowship Programme](#) Lunch and Learn (2 October)
- [Matching Workforce to Demand](#) (5 October)
- [Word of Hope poetry event](#) – part of the Shining a Light on Suicide's 'Month of Hope' calendar (5 October)
- [Demand and Capacity webinars](#) (dates from 11 October)
- [Getting Started Series: Groups Consultations and Virtual Group Consultations](#) (18 October)
- NW panel discussion: [Menopause and our health and social care workforce](#) (18 October)

## Find out more...



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